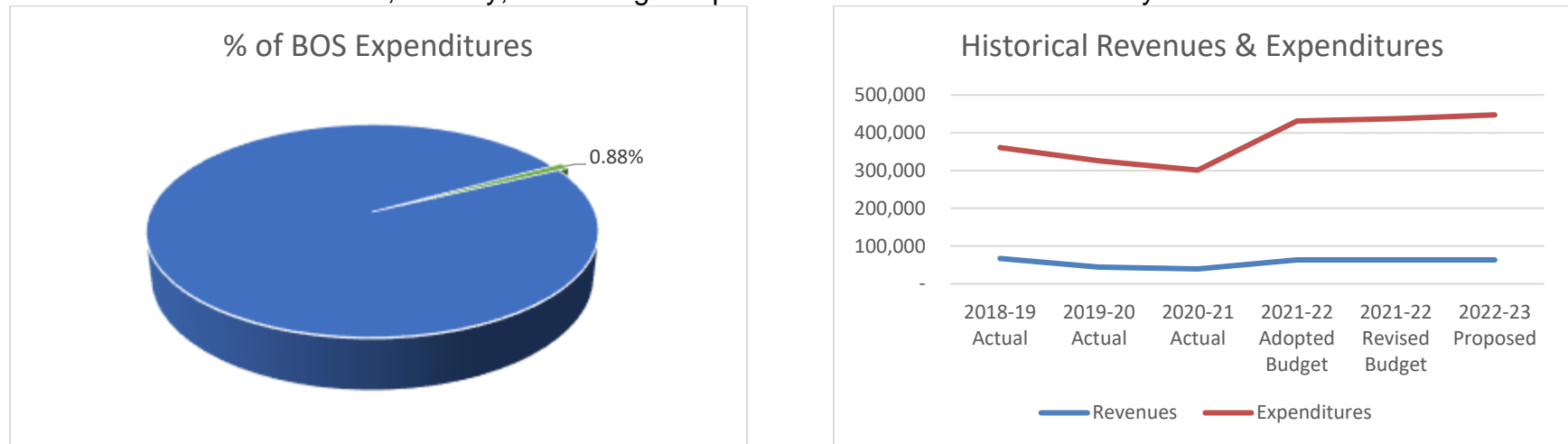


Senior Center

The Mission of Darien Senior Programs is to nurture physical, intellectual and social well-being of the senior community 55 or older, by providing a comprehensive and coordinated system of service, programs and activities. We will enhance individuals' lives, promote well-being, dignity and independence throughout the aging process. We will ensure members are integrated into the community by collaborating with other agencies and organizations that provide support programs and social services to seniors, thereby, enhancing independence and a wholesome lifestyle for seniors in Darien.



[Click here to explore historical and proposed revenues for this department](#)

[Click here to explore historical and proposed expenditures for this department](#)

Accomplishments 2020-2021

- Utilizing weekly Constant Contact and Robot Calls for better communication with Members
- Created and implemented weekly virtual programs with Program Specialist
- Collaborated with 14 Senior Centers to provide excellence in programming to reduce social isolation and enhanced variety
- Developed and organized Drive-Through Lunch Program with staff back in place
- Wrote Senior Center Plan with all necessary Protocols and compliance in response to COVID

Senior Center

Accomplishments/Objectives 2021-2022

- Opened Center by appointment and reservation June 7th with Darien Residents having first access all programs, services and activities.
- Safety Protocols were put into place-social distancing including masking and time limits as well as daily cleaning regime
- Programming in center is at the half way point for regular weekly/monthly 75 % back. Virtual offerings have lessened although we continue to explore more opportunities to balance both
- Outdoor entertainments well attended and received. In October 2021 brought first themed entertainment In Center with protocols in place
- Renewed collaborations with Fairfield University School of Nursing; Sacred Heart University Occupational Therapy Program; Visiting Nurse and Hospice of Fairfield County, Stamford Hospital and various health care agencies to offer Virtual and In Center Programs and services both Program Specialist and Director have also facilitated Virtual and In Center Programs.

Objectives 2022-2023

- Return Center to full schedule of program and services pre-pandemic adding more creative, educational and wellness activities in center and virtually
- Develop technology instruction classes to meet member's needs and interest by cultivating instructions and partnerships with area organizations.
- Expand virtual potential with suitable and necessary equipment as well as offering instructional classes for senior members; enhance access of programs to seniors through use of local TV stations, establishing YouTube Channel as well as exploring social media
- Upgrade use on MySenior Center for statistics check in, attendance and monitor program popularity.
- Establish membership fee for non-resident members, as well as determine a percentage threshold for nonresident membership; renewal of membership shall be the same as budget July-June

Five Year Outlook

Darien Senior Programs is still responding to COVID needs. We opened fully on June 7th 2021 but with social distancing, attendance restrictions, cleaning protocols, waivers and full masking. Masking became optional for the vaccinated

Senior Center

November 1st. We will maintain excellence in programming and services in center and now virtually. We also discovered the need for grab and go type activities and regular calls to members who are home bound. The Drive-Through Lunch Program will continue until returning inside is safe. Darien Senior Programs will continue to offer exceptional programs and services during our regular operational hours. Within the next 5 years we will be scheduling 2 early evening Caregiver Information Sessions per year. Topics may include dealing with dementia, stress management, care options, care planning. We will also explore the need for live streaming, recording or offering other hybrid options. Also in the area of programming we would like to offer musical entertainments 2 x per year in that same time period. This would facilitate introducing the Center to younger folks for informational and casual use. In addition we will continue the expansion of the Food Program to offer lighter fare at the Noon meal –Yogurt, Salads, Soup & Sandwich- and also the possibility of offering healthy snacks throughout out the day. We will be updating technology in the Computer Room including upgrades of equipment necessary for Presenters and Instructors to utilize for presentations. Also offer comprehensive computer classes to teach members how to utilize technology! As always we will be considering the programming needs and interest of the 4 decades we serve with the purpose of increasing and maintaining active membership. In the area of Health and Wellness we would foster and continue the collaborations we have with area hospitals, universities, health, financial and state agencies while exploring more topics of interest and import. We would also like to continue and expand programming with Human Service, Health and Police Departments. It would be beneficial for the Director and Program Specialist to attend one Educational Conference per calendar year to remain current in gerontology practices, programming and service as well as maintain active membership in area associations i.e. SWCAA; CASC.

	2018-19 Actual	2019-20 Actual	2020-21 Actual	2021-22 Adopted Budget	2021-22 Revised Budget	2022-23 Proposed
Revenues						
Charges For Services	67,149	44,153	39,495	63,500	63,500	63,500
Total	67,149	44,153	39,495	63,500	63,500	63,500

	2018-19 Actual	2019-20 Actual	2020-21 Actual	2021-22 Adopted Budget	2021-22 Revised Budget	2022-23 Proposed
Expenditures						
Personnel	250,436	245,846	235,769	290,479	296,167	296,666
Contractual Services	72,251	50,120	24,624	87,442	87,442	90,851
Materials & Supplies	38,314	29,602	40,624	53,518	53,518	59,924
Total	361,001	325,567	301,017	431,439	437,127	447,441

Senior Center

	2018-2019		2019-2020		2020-2021		2021-2022		2022-2023 Proposed	
Staffing	<i># of positions</i>	<i>FTE's</i>	<i># of positions</i>	<i>FTE's</i>	<i># of positions</i>	<i>FTE's</i>	<i># of positions</i>	<i>FTE's</i>	<i># of positions</i>	<i>FTE's</i>
Senior Programs Dir	1	1.00	1	1.00	1	1.00	1	1.00	1	1.00
Professional/Technical	2	1.85	2	1.85	2	1.85	2	1.85	2	1.85
Part Time	3	1.50	3	1.50	4	2.00	4	2.00	4	2.00
Total	6	4.35	6	4.35	7	4.85	7	4.85	7	4.85

Estimate of total personnel costs based on FY2023 wages and benefits package. Medical and dental expenses are allocated based on number of benefit eligible positions. Only salaries are budgeted in the department. All other personnel costs are budgeted in Employee Benefits.

Base Wages	289,479
Medical & Dental	43,321
FICA	22,145
Other	787
Pension	17,095
Total	<u>\$372,828</u>

Performance Measures	Actual 2017-2018	Actual 2018-2019	Actual 2019-2020	Actual 2020-2021	Projected 2021-2022	Projected 2022-2023
Membership	1,529	1,786	1,858	1,894	1,860	1,925
Average daily attendance	114	113	112	81	115	120
Average program participation	128	120	121	92	125	131
Average meals served per day	29	32	33	42	35	35
% of programs that are volunteers	44%	44%	44%	38%	45%	44%
% of paid classes that meet 50% cost recovery goal	70%	70%	70%	70%	70%	70%